

Hot Springs Family YMCA Academic Success Program

The Hot Springs Family YMCA is a Not-For-Profit family based organization which is concerned with comprehensive individual enrichment for all. The goal of the YMCA Academic Success Center is to provide students the opportunity for enhanced learning and success in an environment that demands emotional safety, experiential learning and accelerated success, working one on one or in small groups. Primary program instructors will be required to keep updated certifications and stay current on all continuing education. Center Director will minimally hold a Bachelor Degree, and have experience in program administration and design. Primary tutors will hold a degree in education and/or related fields.

The Hot Springs Family YMCA will provide supplemental service programming to students in the Hot Springs School District. The program will be called; The YMCA Academic Success Center. The YMCA Academic Success Center will use strategies supported by research as best practices in literacy and mathematics. Using comprehensive standards-based literacy model and tenets of cognitively guided mathematics instruction, our highly qualified staff and teachers will give the students the tools they need to be successful.

Tutoring will be offered to students in the Hot Springs School District grades K –8 in Language Arts and Mathematics. The YMCA Academic Success Center will work closely in collaboration with the Hot Springs School District teachers and staff to ensure that curriculum is compatible with classroom learning and other supplemental resources.

It is the intent of the Hot Springs Family YMCA and its educational staff, that all students show improvement, not just academically, but in individual ability and empowerment to further personal enrichment and learning. Students who participate in the YMCA Academic Success Center will show improvement in academic success, in personal organization, ability to “self teach”, learning style analysis and overall study skills/habits.

The Hot Springs Family YMCA Academic Success Center is committed to student enrichment and enhancement, and to full family health and wellness. Understanding that research supports that students who are physically active and have access to improved nutrition have greater academic success, in conjunction with academic programming, the Hot Springs Family YMCA will offer opportunities for families involved in the Academic Success Center access to physical activity and recreational programming such as sports, swim, fitness and nutrition classes.

The Hot Springs Family YMCA will provide afterschool transportation to students participating in YMCA Academic Success Center Programs.

Section IB: Basic Program Information

<p><i>Applicant Name</i> The Hot Springs Family YMCA Academic Success Center</p>	<p><i>Program Name (if different from Applicant Name)</i> YMCA Academic Success Center</p>
<p><i>Has this applicant ever been removed from any state's approved provider list?</i> <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No</p> <p><i>If the response is "Yes", applicant must provide a description of the circumstances under which the removal occurred, and the state(s) from whose approved provider list the applicant was removed.</i></p>	
<p><i>Type of organization (indicate with a check in the appropriate box)</i> <input type="checkbox"/> For-profit <input checked="" type="checkbox"/> Not for Profit <input type="checkbox"/> School Entity <input type="checkbox"/> Higher Education Institution <input type="checkbox"/> Other (describe)</p>	<p><i>First Year applicant approved to offer SES services in Arkansas</i></p> <p><i>First year applicant approved to offer SES services anywhere</i></p>
<p><i>Subject areas to be covered (09-10 indicate with a check in the box)</i> <input checked="" type="checkbox"/> Math <input checked="" type="checkbox"/> English/Lang Arts</p>	<p><i>Grades to be served (09-10) in each subject area to be covered</i> Math K-8 English/Language Arts K-8</p>
<p><i>Staff availability and qualifications (do not exceed 100 word description)</i> All staff is highly qualified and licensed in the State of Arkansas. Furthermore, the head literacy teacher will be a Certified Academic Language Therapist MSE, CALT Reading Specialist. Others will be the reading intervention teachers and literacy focus teachers who attended Dr. Linda Dorn's summer literacy training at UALR this summer in addition to the training provided by HSSD. The mathematics teachers will all have been trained in the CGI methods and will be using that strategy as they work with the students as part of the follow-up to their training. Because of the Non-Profit nature of the Hot Springs Family YMCA and its volunteer base, retired professionals will also be used to support instruction and mentoring.</p>	
<p><i>Service delivery setting (check all that apply)</i> <input type="checkbox"/> School <input type="checkbox"/> Business location <input type="checkbox"/> Place of religious worship <input checked="" type="checkbox"/> Community Center <input type="checkbox"/> Student's Home (parent or guardian must be present during</p>	<p><i>Specific student populations proposed to be served (check all that are proposed to be served)</i> <input checked="" type="checkbox"/> Low income <input checked="" type="checkbox"/> Minority <input checked="" type="checkbox"/> Migrant <input checked="" type="checkbox"/> Limited English proficient (Spanish)</p>

tutoring) <input type="checkbox"/> On-line <input type="checkbox"/> Other (describe)	X Special education X Other (All Students who Qualify)
<i>Time when services are proposed to be offered</i> X Before school X After school X Weekends X Summer <input type="checkbox"/> Other (describe)	<i>Student/instructor ratio</i> List the ratio of instructors to children in the proposed program 1:1 Individual 5:1 Small Group Maximum number of students for each instructor (not to exceed 10 students per instructor)
<i>Cost per hour (not to exceed current maximum allowable from RFA)</i> \$50.00 per hour/ student (individual) \$ 38.00 per hour/ student (small group)	<i>Approximate number of hours required for proposed tutoring</i> 25 hours/week during the academic year 36 hours/week during the summer.
<i>Minimum number of students that will be served in a single district</i> 15 <i>Minimum number of students that will be served in a single school or setting</i> 5	<i>Will students be transported by this provider?</i> X Yes <input type="checkbox"/> N
<i>Provider Contact Information:</i> Contact Person Name: Annmarie Kaylo Street Address: 130 Werner Street City, State, Zip: Hot Springs Arkansas 71913 Contact telephone number: 501-623-8803 Contact fax number:501-623-1310 Email:akaylo@hsymca.org Website:www.hsymca.org Hours of operation: Monday – Friday 5:00 a.m. – 9:00 p.m. Saturday 8:00 a.m.-5:00 p.m.	

Indicate Arkansas School Districts in which this applicant provided SES services for any child during the 2008-2009 academic year.

Alma
Alpena
Arkadelphia
AR School for Blind

Cotter
County Line
Cross Country
Crossett

Guy Perkins
Hackett
Hamburg
Hampton

AR School for Deaf
Armored
Ashdown
Atkins
Augusta
Bald Knob
Barton Lexa
Batesville
Bauxite
Bay
Bearden
Beebe
Benton
Bentonville
Bergman
Berryville
Bismarck
Blevins
Blytheville
Booneville
Bradford
Bradley
Brinkley
Brookland
Bryant
Buffalo Island
Cabot
Caddo Hills
Calico Rock
Camden Fairview
Carlisle
Cedar Ridge
Cedarville
Center Point
Charleston
Clarendon
Clarksville
Cleveland County
Clinton
Concord
Conway
Corning

Cushman
Cutter Morning Star
Danville
Dardanelle
Decatur
Deer/Mt. Judea
Delight
DeQueen
Dermott
Des Arc
Dewitt
Dierks
Dollarway
Dover
Drew Central
Dumas
Earle
East End
East Poinsett
El Dorado
Elkins
Emerson Taylor
England
Eureka Springs
Farmington
Fayetteville
Flippin
Fordyce
Foreman
Forrest City
Fort Smith
Fouke
Fountain Lake
Genoa Central
Gentry
Glen Rose
Gosnell
Gravette
Green Forest
Greenbrier
Green County Tech
Gurdon

Harmony Grove
(Ouachita)
Harmony Grove
(Saline)
Harrisburg
Harrison
Hartford
Hazen
Heber Springs
Hector
Helena/West
Helena
Hermitage
Highland
Hillcrest
Hope
Horatio
X HOT SPRINGS
Hoxie
Hughes
Huntsville
Izard County
Jackson County
Jasper
Jessieville
Jonesboro
Junction City
Kirby
Lafayette County
Lake Hamilton
Lakeside (Chicot)
Lakeside (Garland)
Lamar
Lavaca
Lawrence County
Lead Hill
Lee County
Lincoln
Little Rock
Lonoke
Magazine
Magnet Cove

Section II: Narrative and Supporting Documentation

Section IIA. Program Overview

Narrative Description of Program

The Hot Springs Family YMCA will provide the services students need to reach their full potential. The schools that will be served are all Hot Springs School District Title 1 schools; therefore, all students are Title 1 students and will be served accordingly. Using the data from their state test scores as well as the NWEA, each student will be given an individualized instructional plan to meet their needs. As a partner with the Hot Springs School District, who is a member of The Learning Institute, The Hot Springs Family YMCA has years of data through the portal to share with parents and instructors as the individual plans are written, implemented and updated throughout the school year.

Further, working in collaboration with the Hot Springs School District, all students will have a detailed report on all assessments from the day they entered HSSD. This trend data will be used to pinpoint their needs. Other assessments will include the QELI, KRIK, Clay Writing Prompt, DRA, DSA, DIBELS, NWEA, SAT10, and the Augmented Benchmark. Team members will meet regularly with district staff to assess the student's progress and monitor the interventions needed to help students succeed.

The Hot Springs Family YMCA has worked as a collaborative partner with the Hot Springs School District since 2006. Staff will attend week long training across the state for the CGI as well as the Comprehensive Literacy every summer, spring and fall. They are also prepared in classroom management techniques, SEARCH Institute Asset Building, Brain-based Research, Parent Involvement, ESL strategies and Data Analysis and YMCA continuing education. Tremendous focus has been placed on ensuring that faculty and staff is well qualified

and suited for a supplemental learning environment. Professional development has remained a priority to ensure that strategies, supported by research, as best practice in literacy and mathematics are used. Using the comprehensive standards-based literacy model and the tenets of cognitively guided mathematics instruction, our highly qualified staff will give the students the tools they need to be successful. Our Academic Learning Center will be equipped with the latest technology and software and individualized, innovative learning will take place. This interaction along with manipulatives and hands on application will help the learning come alive for the students.

Parent involvement is a very important piece for success with regards to supplemental learning. Therefore, staff will ensure that parents are an active part of the “student success team”. Parents will be given the rubrics used to edit the writing, the rubrics for the open responses and the progress monitoring checklist. Transparency in all aspects of the program expectation will help everyone understand what it takes to help the student achieve success.

In grades K-8, the YMCA Academic Learning Center staff will place students in small groups or assigned individual tutoring based on areas of need as determined through the various assessments. Teachers will work with their student/students at the time deemed most convenient for parents. For some that may be after school while Saturday mornings may be the best for others. Being able to work with such small groups or receiving individual attention on the areas of need will go a long way to support the regular day activities. This will ensure students success and increased confidence and esteem. The YMCA will provide transportation after school from Hot Springs Schools to The YMCA Academic Learning Success Center, on Saturday’s transportation will be provided by the student’s primary care giver.

YMCA Academic Learning Center Staff will meet regularly with the school level and district level subject specialist to review the best techniques, share ideas, and adjust to meet the

needs of the students. This embedded professional development will support the program throughout the school year.

Parents will be informed weekly of their student's progress and encouraged to assist in their learning. Bi-lingual staff will be made available to discuss student progress and barriers with parents who have Limited English Proficiency (LEP). Each teacher will make contact by phone or in person to update the parent and give them specific activities to do with their child. Reading materials and math activities will be sent home for the family to explore together. Families will also be given opportunity to attend "support" activities at the YMCA held specifically for parents and other activities collectively for the entire family. These activities will be recreational and educational in nature. Plato's Achieve Now will be used with the special education population and Rosetta Stone will be made available for LEP students. These are just examples of the many resources the YMCA Academic Learning Success Center will be able to use as an SES Provider.

The YMCA has been a trend setter in strong successful programming. The YMCA Academic Success Center will prove no different. The specific strategies used to evaluate the quality and effectiveness of the program includes the summative and formative assessments from The Learning Institute, Miscue Analysis, Anecdotal Records, and daily calendar math.

The complaint process will be that of the YMCA Licensed Afterschool Program, currently operating on the Hot Springs Family YMCA campus. The YMCA Associate Executive Director and CEO will be available for disputes which cannot be resolved by the Director of Education.

Section III: Indicators of Quality

A. Evidence of Links between research and Program Design

The Hot Springs Family YMCA will work closely with The Hot Springs School District, under the direction of Anne Gentry to ensure that all curriculums used in the YMCA Academic Success Center setting is complimentary to curriculum being used in the Hot

Springs School District. It is the intent of the Hot Springs Family YMCA to “come along side” the work currently being done by the school district and to “join in” that work. Services being offered will be consistent with curriculums and activities that individual students are seeing in the classroom.

B. Links Between Program Design and NRP, NCTM, NSTA standards.

Literacy

Alphabetics

• **Phonemic Awareness Instruction**

Based on Shared Reading by Brenda Parks and Apprenticeship in Literacy by Linda Dorn.

- Shared Reading, Small Group Instruction, Rhymes and alliteration, Onsets and rimes
- Phoneme segmentation in single words

• **Phonics Instruction**

Based on Word Journeys by Kathy Gansky and Words Their Way by Donald Bear and Shane Templeton

- Students understand concept rather than memorization
- Active involvement through sorting and classifying
- Explicit instruction on features of phonetics and developmental stages
- Blending of phonetic sounds
- Recording of phonetic elements in Word Study Log
- Students apply phonetic strategies through interactive writing and purposeful writing

Fluency

Based on The Fluent Reader by Timothy Rasinsky

- Explicit instruction on reading rate and prosody

- Modeling fluency through Read -alouds and Shared Reading
- Repeated readings through Shared Reading and Familiar Reading
- Echo Reading, Buddy Reading, Radio Reading

Comprehension

- **Vocabulary**

Based on *Bringing Words to Life* by Isabel Beck

- Explicit instruction of Tier I, II and III words
- High-frequency words in Guided Reading and Word Study
- Locating and finding Tier II words in reading materials
- Recording, analyzing, and classifying words in vocabulary log
- Specialized vocabulary in science, social studies and thematic units are recorded in log.
- Personalized thesaurus
- Students revise writing with higher order word choices.

- **Text Comprehension**

Based on the works of David Pearson, *Balancing Authenticity and Strategy Awareness in Comprehension and other works*, *Teaching for Deep Comprehension*, by Linda Dorn and Carla Soffos, and *Strategies That Work* by Stephanie Harvey.

- Explicit instruction in comprehension strategies: Prior Knowledge, Connections, Visualization, Questioning, Inference, Summarizing, and Determining Importance.
- Students verbalize strategies.
- Students record thinking in logs and name strategy used before, during and after reading.

- **Teacher Education and Reading Instruction**

The Hot Springs School District reading specialist, Vicki Wallace, leads our literacy coaches and interventions specialists and Director of Education through book studies each year. The YMCA Director of Education is then charged with leading all YMCA Academic Learning Success Center Staff through the same materials. The books chosen for this year thus far include the following:

- *Boy Writers: Reclaiming Their Voices* by Fletcher
- *Dude, Listen to this*
- *Teaching with Intention* by Miller

- **Teacher Education/Writing**

Based on the works of Donald Graves, *A Fresh Look at Writing*, Ralph Fletcher's *Writer's Workshop*, and Linda Dorn's *Scaffolding Young Writers*.

- Writers' Workshop, Write-Alouds, Interactive Writing.
- Students write with an authentic purpose.
- Students follow writing process: pre-write, draft, revise, edit, and publish.
- Explicit instruction on content, Style, Sentence Formation, Usage and Mechanics.

Mathematics:

Based on the *Cognitively Guided Instruction (CGI)* work by Linda Levi of the University of Wisconsin.

Mathematical Process Standards:

- **Problem Solving:**

Students will be expected to build new mathematical knowledge through problem solving. One can actually be expected to use the process of problem solving if they are provided a task for which the student does not readily know a solution method. They will solve problems that arise in mathematics and in other contexts. They will be expected to solve problems in at least two ways and justify their solution. The problems will consist of scenarios that require students to use tables, patterns, visuals, manipulatives, solve a simpler problem, etc.

- **Reasoning and Proof:**

For each problem solved, students will be expected to explain/justify their solution. If students can explain/justify their solution process then they mostly understand the problem and the strategies used and can use that info to solve more complex problems. The student will be taught how to see and use patterns

to reason logically about their problem. They will be expected to make intelligent guess and test their guess for validity.

- **Communication:**

Communication will be an important part of the Supplemental Educational Services offer students. Students will be expected to share their ideas and clarify understanding as they solve problems. As the student shares their ideas with both teachers and/or classmates, they will be able to clarify misconceptions and obtain permanence for ideas. Students will also be able to clarify misconceptions and obtain permanence of ideas by listening to others share their solutions or ideas.

- **Connections:**

Students will be expected to recognize and use connections among mathematical ideas to solve problems in multiple ways. For example, for each solution students will be expected to provide the numerical, geometrical, graphical and verbal model for the problem. Only problems in context – even outside the world of mathematics- will be considered.

- **Representations:**

As students are expected to provide the numerical, geometrical, graphical and verbal model for problems, they will have a variety of representations of each problem. The focus of the service will not be on “drill and practice” problems, but on students developing their own understanding and solving problems in depth. The student will

be encouraged to create and use representations to organize, record, and communicate their mathematical ideas.

C. Connection to State Academic Standards and District's Instructional Program.

The Hot Springs Family YMCA Director of Education and staff will work directly with The Hot Springs School District, under the guidance of Anne Gentry. All courses will be tied to Hot Springs School District curriculum which is linked to the state standards. Pacing guides are established through The Learning Institute. The lesson plans that will be created will directly reinforce what classroom teachers are working on at any given time. The students will see the direct link as the skills they work on in the classroom are consistently reinforced through their SES tutor. This approach will increase success and student self esteem.

D. Monitoring Student Progress

Because of the close relationship between the Hot Springs School District and The Hot Springs Family YMCA interagency communication is ongoing and consistent. The YMCA Director of Education, along with specific specialists and tutors, will be in direct contact with individual classroom teachers via phone, e-mail, and conferencing. In some cases they may be the actual classroom teacher as the YMCA is committed to offering teachers from the school district supplemental work after school in the Academic Learning Center. Using normative assessments of all types (examples listed below), the classroom teacher will be able to work

with the tutor to be sure that exact skills needed by students are being addressed.

E. Evidence of Effectiveness

Some of the schools under the Hot Springs School District school improvement, are no longer there for literacy or math. The subpopulations that need the focus are now special education and black males. We still have a lot of work to do, but between the fine work being done by the district and community partners, great gains are being made. The recognition received by ADE is proof that what HSSD is implementing is working. Oaklawn, Langston and Park IB were recognized by the state as outstanding using the GAINS Model. This is based on the number of students the district has moved up the scale to Advanced. Because the Hot Springs Family YMCA values the work being done by the district and acknowledges its success in core competencies, The YMCA will work in conjunction with things already being done in the district and will “act” as partner under the direction and guidance of district leaders and Anne Gentry.

F. Communication with parents, families and primary Care Givers

Using the Hot Springs Family YMCA Website and email as well as newsletters, phone calls and the weekly progress reports, Hot Springs Family YMCA Academic Success Center staff will ensure that parents/primary caregivers know exactly what their child is doing, how they can assist in their child’s success and who to contact with concerns and comments. In order to meet the needs of working parents’ services will be provided after school, on Saturday mornings, during spring break and/or summer school. The Hot Springs Family YMCA Director of Education, along with center staff, is committed to “whatever it takes” in order to ensure individual student success. All communication will be made available in English and Spanish. Further, each student will receive a communication folder used solely to report to teachers/parent/families/primary caregiver regarding supplemental learning success. Parents will also be able to “communicate back” through communication folders. Guardians/Teachers will be asked to initial communication logs so that a measure of impact can be assured. Disputes, conflicts, and/or concerns parents may have will be directed to the YMCA Director of Education. If

parent/family/primary caregiver feels that the problem is unresolved or resolution has not been attained, then the problem will be taken to the YMCA Associate Executive Director. If resolution is still not reached, then the issue will be taken to the YMCA Chief Executive Officer. The Hot Springs Family YMCA is committed to providing high-quality programming which upholds the aim of building strong kids, strong families and strong communities. It is recognized that student success is directly matched to the strength of the overall collaborative effort. Recognizing that student academic success and school retention is the highest goal, YMCA policy requires staff to resolve conflict and seek resolution swiftly and fairly. In the quest to deliver high quality educational programming and in order to have positive outcomes and impacts all YMCA programs are grounded in relationships. The YMCA embraces the reality that relationships between parents, students and YMCA staff will directly impact program retention and success.

G. Communication with District/Schools

Because the Hot Springs Family YMCA is currently involved in active collaboration with the Hot Springs School District, communication will be easy and thorough. In order to ensure that communication lines remain open and accessible, YMCA staff will communicate with school staff via e-mail, student communication folders, and phone conversations and in person interviews. The Director of Education will also meet with Anne Gentry at least once each month to update and share successes and needs of the program.

H. Qualifications of Instructional Staff

The YMCA is an organization that has proven effectiveness, best practice standards and a high commitment to professional development. All of the staff will be highly qualified and licensed in the State of Arkansas. Reading intervention teachers and literacy focus teachers will attend Dr. Linda Dorn's summer literacy training at ULAR during the summer, in addition to training provided by the Hot Springs School District. (See attached Resume of Key Staff). The mathematics teachers will all have been trained in CGI methods and will be using that strategy as they work with students as part of the follow-up to their training.

I. Goals and Objectives

- a. To increase the students ACTAAP scores to proficiency
 - i. By May 2010, all students enrolled in the Hot Springs Family YMCA Academic Learning Success Center will be able to score proficiency on the ACTAAP test because of their increased knowledge obtained through the SES program.

- b. To bring all students up to grade level on the NWEA in reading and mathematics.
 - i. By May 2010, all students enrolled in the Hot Springs Family YMCA Academic Learning Success Center will score on grade level on the NWEA MAP because of their increased knowledge in reading and mathematics.
- c. To foster a love of learning in all students
 - i. By May 2010, all students will be encouraged and confident in their ability to succeed in school because of the powerful impact of the small learning environment of the Hot Springs Family YMCA Academic Learning Success Center. Furthermore, the communication between the tutor and the classroom teacher will bring the child great success in the classroom and increased organizational skills bringing the child more classroom success, thus building self-confidence.

J. Cost of Services

The cost will not exceed the maximum of \$50/pupil/hour of instruction or \$100/pupil/day or \$400/pupil/instructional week, whichever amount is less. If parents choose to send students on Saturday, sessions will be for three (3) hours and the charge will be \$150 per Saturday. Summer School will meet for 4 days/ week for 3 hours per day and charge \$500/week.

Enrichment activities will be offered to the student and families at no additional charge.